



# ST. PAUL'S EPISCOPAL CHURCH

*We follow Jesus, nurture ministries and welcome all.*



Online Bulletin

## Ninth Sunday after Pentecost

**July 21, 2024 at 10:15 a.m.**

Service offered both in-person and online

**Welcome!** Sunday Services are offered each week at 10:15am. You have the option of attending in-person or online at: [www.StPaulsVentura.org/live](http://www.StPaulsVentura.org/live), [www.YouTube.com/StPaulsVentura](http://www.YouTube.com/StPaulsVentura), [www.Facebook.com/SaintPaulsVentura](http://www.Facebook.com/SaintPaulsVentura).

**Safety Protocols** –Because some among us are at higher risk and continue to want some additional distance, we've reserved several pews in the front on the chapel side of the sanctuary for those with masks. Masks are optional on the Loma Vista side. We hope this will make it possible for everyone to find a place in the church where they can feel safe and comfortable. Thank you for your understanding. You are a shining example of what LOVE looks like.

Whether this is your first visit, or you have been a member for years, we're glad you're here! This bulletin is designed to guide you through the service. We invite you to sing, pray and read along with us through the service. The words in bold are the ones we'll all say together. The best way to keep up with everything that's going on at St. Paul's is to subscribe to our Email Newsletter. If you don't receive it and would like to be added to the list, please come see us at the Welcome Table or contact the office.

By tradition, The Episcopal Church offers Holy Communion to all baptized persons. If you are not baptized, but wish to receive, we invite you to participate fully in the opening part of the service, called the Ministry of the Word, hearing God's word and reflecting on your life, enabling you to come to the table for communion, if you so choose, with a heart prepared to receive. We hope that if you feel touched by the word and sacrament and wish to learn more about the life-giving power of the Spirit of the Risen Christ, you will contact the church office to inquire about participating in Holy Baptism.

Our Sunday School program (for children ages 2 years-grade 5) begins at 10am. Children are invited to join Miss Ana, Miss Cassidy and Miss Nairi to hear a Bible story and enjoy fun and engaging activities related to that story. Children return to the church to join their families for Eucharist.

Once again, welcome! We're glad that you're worshipping with us. Let us know if you have any questions, prayer requests or need the services of a priest. We are always glad to hear from you. Meanwhile, know that you are in our prayers. We wish you all a very safe and blessed week.

	<p><i>The angels are dancing again...</i></p> <p><b>Listen carefully, you just might hear the angels dancing on the roof!</b></p> <p>As things heat up, the beams in our beautiful church ceiling expand and creak. No worries! It's just part of this wonderful building's charm. For years, some of our members have said to each other, "Listen, the angels are dancing on the roof again!"</p>
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**Today's flowers are given through the generosity of your pledge.**

*If you'd like to arrange for flowers given in memory or thanksgiving, please contact the church office. Thank you!*

## Liturgy of the Word

**Prelude**

Trio in F  
Psalm 23

David Lasky  
Emma Lou Diemer

*Please stand as you are able at the sound of the bell.*

**Processional**

**O for a thousand tongues to sing**

**Hymn 493**  
Cantor: Sophia Cotsis

**Opening Salutation**

*Book of Common Prayer (BCP) p. 355*

*Celebrant*  
**People**

Blessed be God: Father, Son, and Holy Spirit.  
**And blessed be God's kingdom, now and forever. Amen.**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

**Hymn of Praise**

**I sing the almighty power of God, v.1**

**Hymnal 398**

**Collect of the Day**

*Celebrant* The Lord be with you.

**People** **And also with you.**

*Celebrant* Let us pray.

Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated for the reading of scripture.*

*As Episcopalians, our custom is to read, mark, learn and inwardly digest Holy Scripture. You are invited to do so right here in your bulletin.*

**First Reading**

Jeremiah 23:1-6

A reading from the Prophet Jeremiah.

Woe to the shepherds who destroy and scatter the sheep of my pasture! says the LORD. Therefore thus says the LORD, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the LORD. Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the LORD.

The days are surely coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: "The LORD is our righteousness."

*Reader* The word of the Lord.

**People** **Thanks be to God.**

**Psalm 23**

The response appointed for this morning is Psalm 23. We will read it verse by verse. I will read the odd-numbered verses and the congregation is asked to read the even-numbered verses.

1 The LORD is my shepherd;  
I shall not be in want.

**2 He makes me lie down in green pastures  
and leads me beside still waters.**

3 He revives my soul  
and guides me along right pathways for his Name's sake.

**4 Though I walk through the valley of the shadow of death, I shall fear no evil;  
for you are with me; your rod and your staff, they comfort me.**

5 You spread a table before me in the presence of those who trouble me;  
you have anointed my head with oil, and my cup is running over.

**6 Surely your goodness and mercy shall follow me all the days of my life,  
and I will dwell in the house of the LORD for ever.**

## Second Reading

Ephesians 2:11-22

A Reading from the letter to the Ephesians.

Remember that at one time you Gentiles by birth, called “the uncircumcision” by those who are called “the circumcision” —a physical circumcision made in the flesh by human hands— remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling place for God.

*Reader* The word of the Lord.

***People* Thanks be to God.**

## Gradual Hymn

**Shepherd of souls, refresh and bless**

**Hymn 343**

*Please stand as you are able to sing.*

## Holy Gospel

Mark 6:30-34, 53-56

*Please remain standing as you are able and face the Gospel.*

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to Mark.

***People* Glory to you, Lord Christ.**

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, “Come away to a deserted place all by yourselves and rest a while.” For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into

villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

*Celebrant* The Gospel of the Lord.  
*People* **Praise to you, Lord Christ.**

## **The Sermon**

Drew Darby, Seminary Intern

*A period of silent reflection follows the sermon.*

## **Nicene Creed**

*BCP p. 358*

*All stand as able and together say*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic<sup>1</sup> and apostolic<sup>2</sup> Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **Prayers of the People**

*Please stand, sit or kneel as is your custom.*

*The Leader and People pray responsively*

In peace, we pray to you, Lord God. *(Silence)*

For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

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<sup>1</sup> universal; all embracing

<sup>2</sup> Relating to the Apostles, following their teachings

For the peace and unity of the Church of God;  
**For all who proclaim the Gospel, and all who seek the Truth.**

For Michael our Presiding Bishop, Sean our Presiding Bishop-elect and John, our Bishop; and for all bishops and other ministers;  
**For all who serve God in his Church.**

For the special needs and concerns of this congregation. *(Silence)*  
*The People may add their own petitions*

Hear us, Lord;  
**For your mercy is great.**

We thank you, Lord, for all the blessings of this life. *(Silence)*  
*The People may add their own thanksgivings*

We will exalt you, O God our King;  
**And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom. *(Silence)*  
*The People may add their own petitions*

Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

We pray to you also for the forgiveness of our sins. *(Silence may be kept.)*

*Leader and People*

**Have mercy upon us, most merciful Father;  
in your compassion forgive us our sins,  
known and unknown,  
things done and left undone;  
and so uphold us by your Spirit  
that we may live and serve you in newness of life,  
to the honor and glory of your Name;  
through Jesus Christ our Lord. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

### **The Peace**

*All stand as they are able.*

*Celebrant*    The peace of the Lord be always with you.  
*People*        **And also with you.**

### **Announcements**

*Please be seated.*

### **Blessings for Birthdays, Anniversaries and Other Special Occasions**

# ***Liturgy of the Table***

## ***Holy Communion***

### **Offertory Sentence**

Let us with gladness present the offerings and oblations of our life and labor to the Lord.



*Thank you for your donation, and for your pledge.  
Your generosity is appreciated!  
We look forward to doing great things in the name of Christ  
with whatever you are able to give.*

### **Offertory**

Elevazione

*Domenico Zipoli*

### **Presentation Hymn**

*Please stand as you are able.*

**Now thank we all our God**

**Hymnal 397**

### **The Great Thanksgiving**

*The people remain standing.*

Eucharistic Prayer C

*Celebrant* The Lord be with you.

**People** **And also with you.**

*Celebrant* Lift up your hearts.

**People** **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

**People** **It is right to give God thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages, you revealed your righteous Law. And in the fullness of time, you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us. By his wounds, we are healed.**

And therefore, we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

### **Sanctus**

**Holy, holy, holy Lord**

**Hymnal S127**

*The service music can be found in the front of the hymnal*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*You are invited to stand, sit or kneel as is your custom.*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers and Mothers; God of Abraham and Sarah, Isaac and Rebekah, Jacob, Leah, Rachel, Bilhah and Zilpah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.  
**AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,  
**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Breaking of the Bread**

*A period of silence is kept.*

Alleluia. Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast. Alleluia.**

### **Spiritual Communion**

*A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.*

Please join us in praying with our siblings in Christ who are with us online and receiving communion spiritually.

**Dearest Lord Jesus, we believe that you are truly present in the Sacrament of the Eucharist. We love you above all things and long for you in our souls. Since we are not all together in our church today to receive the bread and wine made holy, we ask you to come spiritually into our hearts. Fill us with your light and nourish us all with your word and Spirit. Amen.**

## **The Invitation**

This is the Banquet of the Lord.

It is made ready for those who love him and for those who want to love him more.

So, come, you who have much faith and you who have little,  
you who have been here often, and you who have not been here long,  
you who have tried to follow, and you who fear you have failed.

Come, because it is the Lord who invites you.

It is his will that those who want him should meet him in this holy way.

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*For in-person worshippers: Wherever you are in your journey of faith, you are welcome at communion. Our custom is to stand or kneel at the altar rail to receive the Eucharist. If you are unable to come forward but would like to receive, please let an usher know and we will bring communion to you.*

***The Common Cup will be offered on the right side of the altar rail.  
Intinction (dipping) will be offered on the left (Loma Vista) side.***

*Regardless of which side you are sitting on, when you come forward, please go to whichever side is offering the wine in the way you prefer to receive it.*

*Those receiving by intinction are asked to help themselves to a small paper cup.*

*Please tell the priest if you prefer a gluten-free wafer.*

***You may also choose to return to your seat without receiving the wine.***

*Be assured that it is a sufficient experience of communion.*

***If you'd like to come forward but would prefer not to receive,  
please cross your arms over your chest and the priest will offer you a blessing.***

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*Suggestion: Before or after Communion, see the Book of Common Prayer (BCP) pp. 833-834. You'll find some wonderful prayers there. Online worshippers can find it at [www.bcponline.org](http://www.bcponline.org)*

## **Communion Music**

Hymn tune selections

*settings by John Carter*

## **Post Communion Prayer:**

*Please stand or kneel as you prefer.*

Let us pray.

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

*When the Eucharist is being taken out to those who are sick or shut-in, we will pray together.*

**In the name of this congregation, we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we share one bread, one cup. Amen.**



## Blessing

The Blessing of the God of Abraham and Sarah; and of Jesus Christ born of our Sister Mary; and of the Holy Spirit who broods over creation as a Mother over her children; be upon you and remain with you now and always. Amen.

## Recessional Hymn

**Christ for the world we sing!**

**Hymnal 537**

*Please stand as you are able and turn to face the cross as it passes by.*

## Dismissal

*Celebrant* Let us go forth into the world, rejoicing in the power of the Spirit.  
*People* **Thanks be to God.**

## Postlude

Ancient of Days (see Hymn 363)

*arr. Robert Hughes*

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*Check out next Sunday's readings at [www.lectionarypage.net](http://www.lectionarypage.net)*

***Please join us in thanking those serving this week:***

<b>Server:</b>	Drew Darby & Miles Sexton	<b>Lectors:</b>	Judy Drew & Judy Gold
<b>Chalice:</b>	Roger Crow	<b>Ushers:</b>	Wendy VanHorn & Judy Gold
<b>Acolytes:</b>	Pippa Darby & Cora Shanahan	<b>Cantor:</b>	Sophia Cotsis
<b>Announcements:</b>	Miles Sexton		
<b>Altar Guild:</b>	Anna Darby & Grace Dunlevy	<b>Flower Guild:</b>	Anna Darby, Grace Dunlevy & Kate Shanahan
<b>Video Production:</b>	Patrick VanHorn	<b>Welcome Greeter:</b>	Julie Braithwaite
<b>Coffee Hour:</b>	Ginny & John Dilworth	<b>Lock-up Team:</b>	Daniel Smithson

**Please add these dates to your calendar and plan to join us.**

Tues. 7/23 Summer Series Bible Study – 6:30 pm  
Wed. 7/24 Vestry Meeting – 6:30 pm in the Library  
Thurs. 7/25 Bible Study 11 AM  
Sun. 7/28 10<sup>th</sup> Sunday after Pentecost – service at 10:15 am  
Confirmation Class – 12:15 pm in the Library  
Tues. 7/30 Summer Series Bible Study – 6:30 pm  
Thurs. 8/1 Bible Study 11 AM  
Sun. 8/4 11<sup>th</sup> Sunday after Pentecost – service at 10:15 am  
Confirmation Class – on Vacation! No class.

## ***Prayer Intentions for the Week of July 21, 2024***

Justin Welby, Archbishop of Canterbury	Our Clergy: Susan Bek, Dick Swanson, Greg Larkin, Vicki Mouradian
Michael Curry, Presiding Bishop Sean Rowe, Presiding Bishop-elect	President Joseph Biden, Congress, Federal Courts
John Taylor, Bishop Diocesan	Governor Gavin Newsom, Legislature, State Courts

### *HEALING IN BODY, MIND & SPIRIT:*

Bert, Rev. Susan, Barbara, Mary, Kay, Ralph, Kathy, Sam, Ernie, all refugees, first responders, and everyone affected by COVID-19, gun violence, natural disaster, poverty, and injustice.

### *THOSE ENDURING A LONG-TERM ILLNESS:*

Penny, Phil, Lynn, Audrey, Dennis, Maria, Baby Z, Carol, Rachel, Dave, Kim, Linda, Virginia, Michelle, Sheila, Jeanice, Kevin, Susan, Debbie, Carol, Vivian, Ulrich, Christian, Ron and Pam.

### *IN THE DISCERNMENT PROCESS FOR ORDAINED MINISTRY:*

Drew Darby, his wife Anna, and their family.

### *FOR GOD'S BLESSING ON:*

- + The spiritual, physical and moral development of our children and youth; the children, youth, and adult leaders of our Sunday School, Youth Group, Boy Scout Troop 179, La Famiglia Preschool, KinderMusik, Pulse Drumming and Ventura Charter School for Arts and Global Education
- + The Vestry's leadership that our parish's mission may be accomplished. Our 2024 vestry members and officers are Greg Jackson (Senior Warden), Jordan Daniels (Junior Warden), Peter Anderson (Treasurer), Lori Burke (Clerk), Laura Andrews, Kathleen Crookston, Lisa Cross, Tim Helms, Pamela Price Klebaum, Sarah Lamola, Miles Sexton, Daniel Smithson, Susan Talmadge, Wendy VanHorn, and the Rev. Susan Bek (Rector).
- + U.S. Armed services personnel serving around the world and wounded warriors cared for in medical centers and those returned home

### *GIVE THANKS FOR:*

- + Our partners in the Diocese of Los Angeles: *Hillsides-the Episcopal Home for Children, Pasadena; Neighborhood Youth Association, West LA.; Holy Family Services, Ventura County.*
- + Our World Mission Companions: *the Cathedral Church of the Ascension, in the Diocese of Wiawso, Ghana*
- + The Ventura Interfaith Ministerial Assoc.: *Unitarian/Universalist, Center for Spiritual Living, An Lac Mission (Buddhist), Mormon Church*

### *IN MEMORIAM*

*All those we love but see no longer.*

*Parish prayers for healing are listed for one calendar month but can be renewed if needed. Please contact the church office to add or extend a prayer request and to let us know how things are going.*



### **St. Paul's Episcopal Church Staff**

The Rev. Susan Bek, Rector  
 The Rev. Canon Greg Larkin, Priest in Charge  
 The Rev. Vicki Mouradian, Priest in Charge for Pastoral Care  
 The Rev. Dr. Richard Swanson, Assisting  
 Kara Craven, Parish Administrator  
 Drew Darby, Seminary Intern  
 Dr. Felix Eisenhauer, Music Minister  
 Tara Eisenhauer, Choir Director/Communications Manager  
 Sara Edwards, Organist  
 Joseph Wareham, Sexton  
 Ana Barnaby Lima, Director of Youth and Children's Ministries

# St. Paul's Announcements July 21, 2024

Thank you for joining us today! Please contact the church office for more information. God bless you!

**We invite you to join us again next Sunday.**



## Welcome to St. Paul's Episcopal Church!

Whether you're new, visiting or have been a member for years, we're so glad you joined us today. **A warm welcome to you!** Our Sunday services are available online and in-person. Please let us know if we can do anything to support you on your spiritual journey. We're always happy to hear from you!  
We invite you to come back soon.



This is a brief overview of our weekly announcements. To learn about everything going on at St. Paul's and to receive weekly encouragement and ways to build up spiritual strength, please see our E-newsletter. If you don't receive it, please let us know. We'd be happy to add you to the list! You can reach us by emailing [office@saintpaulsventura.org](mailto:office@saintpaulsventura.org)



## Today is the Ninth Sunday after Pentecost

This week we continue our study of the Gospel of Mark and learn how Jesus and the disciples got tired at times and needed to rest. Rest is a holy thing, and we all need to observe a sabbath time of rest in order that we can continue to be our best selves and keep offering to serve the world in the name of Christ. Come enjoy inspiring scripture, beautiful prayers, wonderful music and an uplifting message of hope and love. Come to church and get inspired!

**and after church today...**



## Join us for Coffee Hour

In-person worshippers are invited to join us in Kahler Hall (just down the stairs) for a cup of coffee, or tea and some refreshments. This gives us the chance to sit and chat with one another. In the church, we call this fellowship. It's one of our favorite parts of being on this journey of faith together.



*Are you new to St. Paul's or visiting us?*

## A warm welcome to you!

We're so glad you joined us today. We are a friendly and welcoming congregation. Our ushers and greeters will be happy to do anything they can to make your time with us more comfortable and meaningful. Please introduce yourself to our clergy, they're looking forward to meeting you. We invite you to come back again soon.



*This time we're reaching out to support Ventura's kids as they go back to school...*

## OUTREACH PROJECT



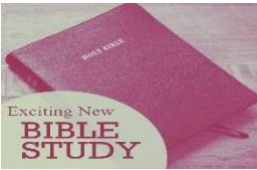




### June & July – REACH for Back-to-School Supplies




We invite you to join in whatever way you can to support our current REACH project. Your prayers are welcome! REACH bags are available for your convenience. Take one with you when you go shopping and bring it back with your gifts of love and care to help support God's children. Every child in Ventura County deserves to go back to school with all the supplies they need to succeed. Thanks for helping make this happen. Your support is appreciated!



## Fair Trade Sales – Today during coffee hour!

St. Paul's is an Abolitionist Congregation, committed to ending the scourge of modern-day slavery. We sell fair trade products through the Equal Exchange to support farm cooperatives around the world giving farmers a fair price and a better future. Locally our sales support ending human trafficking through the Abolitionist Committee. Please stop by our table in Kahler Hall to check out delicious chocolate, coffee and tea! Cash and checks accepted. Please see Joanne Wakelee or contact the church office with questions.

	<p><b>Book Club – Monday, August 5<sup>th</sup> at 5:30pm on Zoom</b>  The First Monday Book Club is open to all. We chose two books to carry us through to the September meeting. The first book is <i>Vera Wong's Unsolicited Advice for Murderers</i> by Jess Q. Sutanto. Set in San Francisco in a tea shop, a self-proclaimed tea expert ends up in the center of a murder investigation knowing she will do a better job than the police because, after all, she watches CSI. Great character development, fun humor and a terrific sense of place, this cozy mystery is a perfect light summer read. We will spill all the tea on August 5 at 5:30. On September 2, we will discuss <i>The Guncle Abroad</i> by Steven Rowley. The author has a signature blend of humor and heart, with a beloved story about the complicated bonds of family, love, and what it takes to rediscover yourself, even at the ripe age of fifty.  Zoom Information – Meeting ID: 751 8208 5503 Passcode: 1<sup>st</sup>monday</p>
	<p><b>No healing service for the months of July and August. We will start back in September.</b>  Our weekly Healing Prayer Service with Eucharist will on Thursdays in the church at 10:00 a.m. and will be led by Rev. Vicki. Please join us for a time of quiet, inspiration, and worship as we invite Christ into our lives for healing of body, mind, and soul.</p>
	<p><b>Bible Study</b> Our weekly Bible Study, led by Rev. Vicki, will also be on Thursdays in the Church Library at 11:00 a.m. We will be studying the upcoming readings for each Sunday from the Revised Common Lectionary and the commentary, <i>Keeping Holy Time</i>, edited by Douglas E. Wingeier. Please join us for coffee and cookies, fellowship and discussion as we navigate the words of scripture. Please bring a Bible and if you have it, one with the NRSV translation. All are welcome!</p>
	<p><b>Summer Bible Study</b> Come get a sense of what it was like to be one of the earliest Christians as we study Paul's letters to the faithful at Ephesus, Philippi, and Colossae, major cities at the heart of the Greco-Roman world. Our summer series meetings on Tuesday evenings at 6:30 will be focused on Bible study and discussion, with some prayer and fellowship before and after...and dessert! Children are most welcome. If you have any questions, feel free to <a href="mailto:drew.darby@seminary.edu">email Seminary Intern Drew Darby</a>.</p>
	<p><b>Confirmation Classes are continuing!</b>  People who would like to learn more about the history, ministry and worship of the Episcopal Church are invited to join the Confirmation Class on Sunday afternoons throughout the summer. We will gather in the library from 12:15 to 2:15 to learn about the church we love!</p>
	<p><b>Friday Morning Women's Bible Study:</b> We are a small group of women from St. Paul's and the Ventura community that meet weekly on Zoom to study scripture and share fellowship. If you've been wanting to add bible study to your spiritual life, we'd love to have you join us. We plan to study <i>Luke in the Land</i> as our next book, which will begin in late July/early August. <a href="https://www.lifeway.com/en/product/luke-in-the-land-bible-study-book-with-video-access-P005843027">https://www.lifeway.com/en/product/luke-in-the-land-bible-study-book-with-video-access-P005843027</a>The author, Kristi McClelland, is a speaker, teacher and college professor. Her focus is on bible study through a Middle Eastern lens. We have completed several of her other studies and thoroughly enjoyed them. She will be speaking at a conference in Yorba Linda on August 16-17; if you are interested in attending along with members, contact Suzanne.  <b>If you are interested in checking out the current study and or the group, please contact Suzanne McCombs (805-390-3909) for Zoom details and/or more information.</b></p>
	<p><b>Two invitations from the Men's Group.</b>  We hope that you can join us for one or both of these weekly activities:  <b>Tuesday Evening Bible Study</b> - We meet at 6 p.m. at Winchesters Grill on Main Street for dinner, fellowship and Bible study. We are starting a new study of the book of Galatians.  <b>Friday Morning Breakfast</b> - We meet at 7 a.m. at Black Bear Diner on Harbor Boulevard for breakfast, fellowship and a study of the lectionary reading appointed for the week.</p>

	<p><b>Going on Vacation?</b></p> <p>If you are on our regular schedule of Sunday volunteers (<i>Ushers, Servers, Chalice Bearers, Acolytes, Welcome Committee, Altar Guild, Flower Guild, Lock Up Team, etc.</i>) and will be away on a Sunday when you're scheduled to serve, please try to trade with someone and let the church office know who to expect that Sunday. If you need our assistance, please let us know. Thank you so much for serving the church, and we wish you a wonderful vacation! Any questions, contact the office.</p>
 <p>This QR Code takes you straight to our Giving Page</p>	<p><i>"God loves a cheerful giver." 2 Corinthians 9:7</i></p> <p><b>Thank you for your generosity!</b></p> <p>Donations may be made by cash, check, PayPal, or Text StPaulsVentura to 73256. You can also arrange online payments, click the "Give" button at office <a href="http://www.saintpaulsventura.org">www.saintpaulsventura.org</a> or use this QR code. Members give of their time through many ministries and share their talents through lots of volunteer opportunities. Please contact our clergy if you'd like to get involved in something new. Generosity involves the giving of time, talent and treasure. Thank you for all the ways you give of yourself! We look forward to doing great things with whatever you are able to share. Thank you!</p>
	<p><i>Interested in checking out a ministry this summer?</i></p> <p><b>Summer Ministry Experiences</b></p> <p>If you've wondered what it would be like to serve the church in some of our most important ministries or would like to learn more about the church and how it functions, you're invited to have a Summer Ministry Experience. We'll connect you with the ministry team or teams of your choice and arrange a week (or more) for you to join in and experience a ministry that interests you. No prior experience necessary. We'll be pleased to have you join us!</p> <p>CHOOSE FROM:</p> <p><b>Pick Up Choir</b> – Sing with our wonderful choir.</p> <p><b>Altar Guild</b> - Learn about our sacred vessels and how to set the church for services <b>Usher</b> – Help greet worshipers and assist with the service</p> <p><b>Flower Guild</b> - Learn how to make beautiful flower arrangements</p> <p><b>Welcome Greeter</b> – Join one of our friendly teams that greet everyone on Sundays.</p> <p><b>SUMMER SERVICES</b> will be powerful, uplifting, and run just over an hour. Join us for interesting lessons, moving sermons and great fellowship with friends, old and new. We are so blessed to live here! Come to church and still have time to hit the beach and enjoy some summer fun!</p> <p><b>FANS</b> have been installed along the outer aisle for your comfort. As things heat up in our warmer months, please feel free to turn them on. Check with those around you, perhaps the oscillating feature would be helpful. Be mindful of the needs of others. We encourage those who prefer to be away from the fans to sit toward the center of the church.</p>