



# ST. PAUL'S EPISCOPAL CHURCH

*We follow Jesus, nurture ministries and welcome all.*



*Online Bulletin*

## **7th Sunday after Pentecost**

**Proper 10, Year A**

**July 16, 2023 at 10:15 a.m.**

*Service offered both in-person and online*

**Welcome!** Sunday Services are offered each week at 10:15am. You have the option of attending in-person or online at: [www.StPaulsVentura.org/live](http://www.StPaulsVentura.org/live), [www.YouTube.com/StPaulsVentura](http://www.YouTube.com/StPaulsVentura), [www.Facebook.com/SaintPaulsVentura](http://www.Facebook.com/SaintPaulsVentura).

**Safety Protocols** –Because some among us are at higher risk and continue to want some additional distance, we've reserved the chapel side of the sanctuary for those with masks. Masks are optional on the Loma Vista side. We hope this will make it possible for everyone find a place in the church where they can feel safe and comfortable. Thank you for your understanding. You are a shining example of what LOVE looks like.

Whether this is your first visit, or you have been a member for years, we're glad you're here! This bulletin is designed to guide you through the service. We invite you to sing, pray and read along with us through the service. The words in bold are the ones we'll all say together. The best way to keep up with everything that's going on at St. Paul's is to subscribe to our Email Newsletter. If you don't receive it and would like to be added to the list, please come see us at the Welcome Table or contact the office.

Our Sunday School program (for children ages 2 years-grade 5) begins at 10am. Children are invited to join Miss Bailey and Miss Wendy to hear a Bible story and enjoy fun and engaging activities related to that story. Children return to the church to join their families for Eucharist.

Once again, welcome! We're glad that you're worshipping with us. Let us know if you have any questions, prayer requests or need the services of a priest. We are always glad to hear from you. Meanwhile, know that you are in our prayers. We wish you all a very safe and blessed week.

	<p><i>The angels are dancing again...</i></p> <p><b>Listen carefully, you just might hear the angels dancing on the roof!</b></p> <p>As things heat up, the beams in our beautiful church ceiling expand and creak. No worries! It's just part of this wonderful building's charm. For years, some of our members have said to each other, "Listen, the angels are dancing on the roof again!"</p>
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**Today's flowers are given through the generosity of your pledge.**

*If you'd like to arrange for flowers given in memory or thanksgiving, please contact the church office. Thank you!*

## **Liturgy of the Word**

**Prelude**

Instrumental

*Felix Eisenhauer*

**Processional**

**O day of radiant gladness, v.1-3**

**Hymnal 48**

*Please stand as you are able at the sound of the bell.*

*Cantor: Annelise Ebell*

**Opening Salutation**

*Book of Common Prayer (BCP) p. 355*

*Celebrant*

Blessed be God: Father, Son, and Holy Spirit.

**People**

**And blessed be God's kingdom, now and forever. Amen**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

**Collect of the Day**

*Celebrant* The Lord be with you.

**People** **And also with you.**

*Celebrant* Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated for the reading of scripture.*

*As Episcopalians, our custom is to read, mark, learn and inwardly digest Holy Scripture. You are invited to do so right here in your bulletin.*

**First Reading****Isaiah 55:10-13**

A reading from the Prophet Isaiah.

As the rain and the snow come down from heaven, and do not return there until they have watered the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it. For you shall go out in joy, and be led back in peace; the mountains and the hills before you shall burst into song, and all the trees of the field shall clap their hands. Instead of the thorn shall come up the cypress; instead of the brier shall come up the myrtle; and it shall be to the Lord for a memorial, for an everlasting sign that shall not be cut off.

*Reader* The word of the Lord.

**People** **Thanks be to God.**

**Psalm 65: 9-14**

The response appointed for this morning is a portion of Psalm 65. We will read it verse by verse. I will read the odd-numbered verses. The congregation is invited to read the even-numbered verses.

9 You visit the earth and water it abundantly; you make it very plenteous;  
the river of God is full of water.

**10 You prepare the grain,  
for so you provide for the earth.**

11 You drench the furrows and smooth out the ridges;  
with heavy rain you soften the ground and bless its increase.

**12 You crown the year with your goodness,  
and your paths overflow with plenty.**

13 May the fields of the wilderness be rich for grazing,  
and the hills be clothed with joy.

**14 May the meadows cover themselves with flocks, and the valleys cloak themselves  
with grain; let them shout for joy and sing.**

## Second Reading

Romans 8:1-11

A Reading from Paul's letter to the Romans.

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

*Reader* The word of the Lord.

**People** **Thanks be to God.**

## Gradual Hymn

**Breathe on me, Breath of God**

**Hymnal 508**

*All stand as able to sing.*

## Holy Gospel

Matthew 13:1-9, 18-23

*Remain standing and face the Gospel.*

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People** **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

*Celebrant* The Gospel of the Lord.

**People** **Praise to you, Lord Christ.**

*A period of silent reflection follows the sermon.*

**Nicene Creed**

*BCP p. 358*

*All stand as able and together say*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic<sup>1</sup> and apostolic<sup>2</sup> Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Prayers of the People**

*Please stand, sit or kneel as is your custom.*

*Server*

In peace, we pray to you, Lord God.

Father, we pray for your holy Church:

**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;

**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons;

**That they may be faithful ministers of your Word and Sacraments.**

We pray for all who govern and hold authority in the nations of the world;

**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;

**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble and all who suffer in mind, body and spirit, especially *(The People may add their own petitions either silently or aloud.)* Let us pray to the Lord;

**That they may be delivered from their distress.**

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<sup>1</sup> universal; all embracing

<sup>2</sup> Relating to the Apostles, following their teachings

Give to the departed eternal rest especially (*The People may add their own petitions either silently or aloud.*) Let us pray to the Lord;

**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;

**May we also come to share in your heavenly kingdom.**

*Celebrant*

Almighty and eternal God, ruler of all things in heaven and earth; Mercifully accept the prayers of your people and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

## The Confession

*BCP p. 360*

Let us confess our sins against God and our neighbor.

*A period of silence is observed.*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Peace

*All stand as they are able.*

*Celebrant* The peace of the Lord be always with you.

**People** **And also with you.**

## Announcements

*Please be seated.*

## Blessings for Birthdays, Anniversaries and Other Special Occasions

# *Liturgy of the Table*

## *Holy Communion*

### Offertory Sentence

Let us with gladness present the offerings and oblations of our life and labor to the Lord.



*Thank you for your donation, and for your pledge.  
Your generosity is appreciated!  
We look forward to doing great things in the name of Christ  
with whatever you are able to give.*

**Offertory**

Instrumental

*Felix Eisenhauer*

**Presentation Hymn**

*Please stand as you are able.*

**The Doxology**

**Hymnal 380 v. 3**

## The Great Thanksgiving

Eucharistic Prayer C

*The people remain standing.*

*Celebrant* The Lord be with you.

**People** **And also with you.**

*Celebrant* Lift up your hearts.

**People** **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

**People** **It is right to give God thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us. By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**Sanctus**

**Santo, santo, santo**

**W785**

**Santo, santo, santo**

**Holy, holy, holy**

**Mi corazon te adora!**

**My heart, my heart adores you!**

**Mi corazon te sabe decir: My heart is glad to say the words:**

**Santo eres Señor.**

**You are holy Lord.**

*You are invited to stand, sit or kneel as is your custom.*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers and Mothers; God of Abraham and Sarah, Isaac and Rebekah, Jacob, Leah, Rachel, Bilhah and Zilpah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

**AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **The Breaking of the Bread**

*A period of silence is kept.*

Alleluia. Christ our Passover is sacrificed for us;

**Therefore let us keep the feast. Alleluia.**

### **Spiritual Communion**

*A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.*

Please join us in praying with our siblings in Christ who are with us online and receiving communion spiritually.

**Dearest Lord Jesus, we believe that you are truly present in the Sacrament of the Eucharist. We love you above all things and long for you in our souls. Since we are not all together in our church today to receive the bread and wine made holy, we ask you to come spiritually into our hearts. Fill us with your light and nourish us all with your word and Spirit. Amen.**

### **The Invitation**

This is the Banquet of the Lord.

It is made ready for those who love him and for those who want to love him more.

So, come, you who have much faith and you who have little,  
you who have been here often, and you who have not been here long,  
you who have tried to follow, and you who fear you have failed.

Come, because it is the Lord who invites you.

It is his will that those who want him should meet him in this holy way.

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*For in-person worshipers: Wherever you are in your journey of faith, you are welcome at communion. Our custom is to stand or kneel at the altar rail to receive the Eucharist. If you are unable to come forward but would like to receive, please let an usher know and we will bring communion to you.*

***The Common Cup will be offered on the right side of the altar rail.  
Intinction (dipping) will be offered on the left (Loma Vista) side.***

*Regardless of which side you are sitting on, when you come forward, please go to whichever side is offering the wine in the way you prefer to receive it.*

*Those receiving by intinction are asked to help themselves to a small paper cup.*

*Please tell the priest if you prefer a gluten-free wafer.*

***You may also choose to return to your seat without receiving the wine.***

*Be assured that it is a sufficient experience of communion.*

***If you'd like to come forward but would prefer not to receive,  
please cross your arms over your chest and the priest will offer you a blessing.***

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*Suggestion: Before or after Communion, see the Book of Common Prayer (BCP) pp. 833-834. You'll find some wonderful prayers there. Online worshipers can find it at [www.bcponline.org](http://www.bcponline.org)*

## Communion Music

Instrumental

Felix Eisenhauer

### Spirit of the Living God

Daniel Iverson

The musical score is written in 4/4 time with a key signature of one flat (B-flat). It consists of four staves of music. The lyrics are: "Spir - it of the Liv - ing God, Fall fresh on me, Melt me, mold me, Fill me, use me. Spir - it of the Liv - ing God, Fall fresh on me." The melody is simple and repetitive, with a final double bar line at the end of the fourth staff.

## Post Communion Prayer:

*Please stand or kneel as you prefer.*

Let us pray.

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

*When the Eucharist is being taken out to those who are sick or shut-in, we will pray together.*

**In the name of this congregation, we send you forth bearing these holy gifts that those to whom you go may share with us in the communion of Christ's body and blood. We who are many are one body, because we share one bread, one cup. Amen.**



## Blessing

May the peace which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord: And may the blessing of God Almighty, Father, Son and Holy Spirit rest upon you and remain with you this day and forever more. **Amen.**

## Recessional Hymn

**Spread, O spread, thou mighty word**

**Hymnal 530**

*Please stand as you are able and turn to face the cross as it passes by.*

## Dismissal

*Celebrant* Let us go forth into the world, rejoicing in the power of the Spirit.  
*People* **Thanks be to God.**

## Postlude

Instrumental

*Felix Eisenhauer*

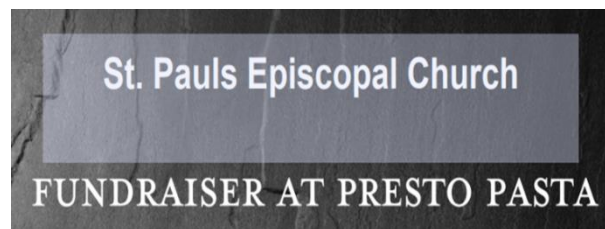
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*Check out next Sunday's readings at [www.lectionarypage.net](http://www.lectionarypage.net)*

***Please join us in thanking those who served today, including:***

<b>Server:</b>	Kara Craven	<b>Lector:</b>	Judy Gold & Judy Drew
<b>Chalice:</b>	Christopher Craven	<b>Ushers:</b>	Wendy VanHorn & Eric Craven
<b>Altar Guild:</b>	Grace Dunlevy & Anna Darby	<b>Flower Guild:</b>	Anna Darby & Grace Dunlevy
<b>Cantor:</b>	Annelise Ebell	<b>Welcome Greeter:</b>	Marcia Semple
<b>Video Production:</b>	Patrick VanHorn	<b>Lock-up Team:</b>	Kara Craven



**Monday, July 24th, 2023**

Eat at Presto Pasta anytime on this day and they will donate 20% of your total bill to St. Paul's. Valid on dine in or take out. Simply show printed flyer or display on your phone at the restaurant. Flyers may not be distributed at Presto Pasta.

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## ***Prayer Intentions for the Week of July 16, 2023***

Justin Welby, Archbishop of Canterbury	Our Clergy: Susan Bek, Dick Swanson
Michael Curry, Presiding Bishop	President Joseph Biden, Congress, Federal Courts
John Taylor, Bishop Diocesan	Governor Gavin Newsom, Legislature, State Courts

### ***HEALING IN BODY, MIND & SPIRIT:***

Bert, Mary Morgan, Bob, Morgaine, Ron, Pam, Matthew, Gloria, Michelle, Ray, all refugees, first responders, and everyone affected by COVID-19, gun violence, natural disaster, poverty, and injustice.

### ***THOSE ENDURING A LONG-TERM ILLNESS:***

Penny, Phil, Lynn, Audrey, Dennis, Maria, Baby Z, Carol, Rachel, Dave, Linda, Virginia, Michelle, Sheila, Jeanice, Kevin, Susan, Debbie, Vivian, Ulrich, Christian and Kristi.

### ***IN THE DISCERNMENT PROCESS FOR ORDAINED MINISTRY:***

Drew Darby, his wife Anna, and their family.

### ***FOR GOD'S BLESSING ON:***

- + The ministry of Family to Family; all who volunteer and/or give financially to feed Ventura's hungry
- + U.S. Armed services personnel serving around the world and wounded warrior cared for in medical centers and those returned home
- + All who work, educate others, and pray to abolish the scourge of present-day slavery

### ***GIVE THANKS FOR:***

- + Our partners in the Diocese of Los Angeles Deanery One in Ventura County: *St. Columba's*, Camarillo; *Trinity*, Fillmore; *St. Andrew's*, Ojai; *All Saints'*, Oxnard; *St. Paul's/Emmanuel*, Santa Paula; *St. Francis'*, Simi Valley; *St. Patrick's*, Thousand Oaks
- + Our World Mission Companions: *the Cathedral Church of the Ascension, in the Diocese of Wiaaso*, Ghana
- + The Ventura Interfaith Ministerial Assoc.: *First United Methodist, Trinity Lutheran, Our Lady of the Assumption churches and the Salvation Army*

### ***IN MEMORIAM***

*Fred, Brian, Tisha and all those we love but see no longer.*

*Parish prayers for healing are listed for one calendar month but can be renewed if needed. Please contact the church office to add or extend a prayer request and to let us know how things are going.*

## **St. Paul's Episcopal Church Staff**



The Rev. Susan Bek, Rector  
The Rev. Dr. Richard Swanson, Assisting  
Kara Craven, Parish Administrator  
Dr. Felix Eisenhauer, Music Minister  
Tara Eisenhauer, Choir Director  
Sara Edwards, Organist  
Joseph Wareham, Sexton

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Website: [www.saintpaulsventura.org](http://www.saintpaulsventura.org) Twitter: @stpaulsventura Facebook: St. Paul's Ventura

# St. Paul's Announcements July 16, 2023

Thank you for joining us today! Please contact the church office for more information. God bless you!

**We invite you to join us again next Sunday.**



## Welcome to St. Paul's Episcopal Church!

Whether you're new, visiting or have been a member for years, we're so glad you joined us today. **A warm welcome to you!** Our Sunday services are available online and in-person. Please let us know if we can do anything to support you on your spiritual journey.

We're always happy to hear from you!

We invite you to come back soon.

**ST. PAUL'S Enews**  
announcements, enrichment, encouragement  
Because faith isn't just for Sundays!

This is a brief overview of our weekly announcements. To learn about everything going on at St. Paul's and to receive weekly encouragement and ways to build up spiritual strength, please see our E-newsletter. If you don't receive it, please let us know. We'd be happy to add you to the list! You can reach us by emailing [office@saintpaulsventura.org](mailto:office@saintpaulsventura.org)

Today at ST. PAUL'S

**and after church today...**

Please join us in welcoming our guest priest today, the Reverend Susan Klein

## Today is the Seventh Sunday after Pentecost

July 16, 2023

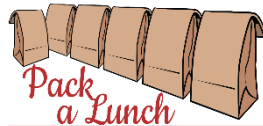
Seventh Sunday after Pentecost, Proper 10A, Track 2



This week we hear the Parable of the Sower from the Gospel of Matthew. Some seed fell on the path and birds came and ate them up. Other seeds fell on rocky ground and did not have much soil, so they sprang up quickly but were soon scorched by the sun. Other seeds fell among thorns which choked them out. But some seeds fell on good soil and brought forth grain, some a hundred-fold! Come learn what this means for us today. Come hear amazingly beautiful music, inspiring scripture, and an uplifting message of hope and love. Come to church and get inspired!

at Coffee Hour Today...

**Join us for Coffee Hour, Help us Assemble the Lunches to Feed the Hungry, hear about Father Anthony's trip to Cuba and Say "Good-bye" to Bailey Craven.**



Pack a Lunch  
Help Feed the Hungry

We invite you to join us in Kahler Hall (just down the stairs) for a cup of coffee, tea, or water and the chance to sit and chat with one another. In the church, we call this fellowship. It's one of our favorite parts of being on this journey of faith together. Today we will also be packing lunches because it's our turn to help feed the hungry tomorrow on the Avenue with Family to Family. Father Anthony will be sharing a presentation about his trip to Cuba and today is our Sunday School teacher, Bailey Craven's, last day with us. She will be moving to Baltimore and greatly missed! Please join us if you're available.



## Wed. Morning Spiritual Experience - Listening to the Lord's Prayer.

It is said that *the bodies of the early Christians were shaped by the Lord's Prayer*. What might that look like? To embody the Lord's Prayer and bring it to life in the everyday? Come and be a small group of spiritual companions interested in listening closely to the Lord's Prayer through *lectio divina*, movement and the lead of the Holy Spirit. We will meet in the side chapel of St. Paul's Episcopal church on Wednesdays, 9-10am from July 19-August 9. If you are interested in participating in this 4 week gathering of spiritual companions to listen more deeply to the Lord's Prayer, please join us on July 19<sup>th</sup> in the chapel. For more information, please contact the church office.

	<p><i>It's our turn to help feed the hungry out on the Avenue...</i>  <b>We're up Tomorrow - MONDAY, July 17th</b>  Please pray for the wonderful volunteers who will serve lunch to our hungry neighbors tomorrow. We appreciate your support and are looking for more volunteers to assist with this important ministry!</p>
	<p>Do you enjoy experiencing God in nature?  <b>Beach Walk with the Spirituality in Nature Group – Monday, July 17<sup>th</sup> at 6:30 PM</b>  Do you find God in nature? The goals of the Spirituality in Nature Groups are to explore nature to better understand what it means to be stewards of God’s creation, and to strengthen our connection with the amazing natural world around us. We invite you to join us on 7/17 at 6:30pm. Park at Sanjon, carefully cross Harbor Blvd., and meet on the beach.</p>
	<p><b>EPISCOPAL NIGHT AT DODGER STADIUM</b>  The Diocese of Los Angeles will once again descend on Echo Park for Episcopal Night at Dodger Stadium on Friday, Sept. 1, for a game against the Atlanta Braves. Tickets (\$30 each in the reserved section) may be ordered through Kara in the office. Ticket requests need to be sent via email to the office before July 18<sup>th</sup> or sign up on the clipboard during coffee hours. Fireworks after the game!</p>
	<p><b>Summer Sunday School!</b>  This Summer we’re presenting a series, entitled “Mending God’s World”. During each two week unit, we will explore the themes of: Feed, Heal, Forgive, Pray and Rest. Children from age 2 through 5<sup>th</sup> grade are invited to join us!</p>
	<p><i>This time we're reaching out to support Ventura's kids as they go back to school...</i>  <b>OUTREACH PROJECT</b>  <i>Your generosity is appreciated.</i></p> <p><b>June &amp; July – REACH for Back-to-School Supplies</b>  We invite you to join in whatever way you can to support our current REACH project. Your prayers are welcome! REACH bags are available for your convenience. Take one with you when you go shopping and bring it back with your gifts of love and care to help support God’s children. Every child in Ventura County deserves to go back to school with all the supplies they need to succeed. Thanks for helping make this happen. Your support is appreciated!</p>
	<p><b>Book Club – Monday, August 7 at 5:30pm on Zoom</b>  The First Monday Book Club is open to all. Our next book is <i>The First Ladies</i> by Marie Benedict. Benedict is one of our favorite historical fiction authors and we have enjoyed several of her novels. This is the story of the extraordinary partnership between First Lady Eleanor Roosevelt and civil rights activist Mary McLeod Bethune-an unlikely friendship that changed the world. They are drawn together because of their shared belief in women’s rights and the power of education.  Zoom Information – Meeting ID: 751 8208 5503 Passcode: 1<sup>st</sup>monday</p>
	<p><b>Year of Prayer to End Racism</b> - The Diocese of West Virginia has released an inspiring and motivating series of prayers to be used throughout the year as we work and pray for an end to racism. We encourage one another to use these in our personal prayer life, and to commit ourselves to becoming more and more, day by day the people God is calling us to be.</p>
	<p><b>Going on Vacation?</b>  If you are on our regular schedule of Sunday volunteers (<i>Ushers, Servers, Chalice Bearers, Acolytes, Welcome Committee, Altar Guild, Flower Guild, Lock Up Team, etc.</i>) and will be away on a Sunday when you're scheduled to serve, please try to trade with someone and let the church office know who to expect that Sunday. If you need our assistance, please let us know. Thank you so much for serving the church, and we wish you a wonderful vacation! Any questions, contact the office.</p>



*Interested in checking out a ministry this summer?*

### **Summer Ministry Experiences**

If you've wondered what it would be like to serve the church in some of our most important ministries or would like to learn more about the church and how it functions, you're invited to have a Summer Ministry Experience. We'll connect you with the ministry team or teams of your choice and arrange a week (or more) for you to join in and experience a ministry that interests you. No prior experience necessary. We'll be pleased to have you join us!

CHOOSE FROM:

**Pick Up Choir** – Sing with our wonderful choir.

**Altar Guild** - Learn about our sacred vessels and how to set the church for services

**Usher** – Help greet worshipers and assist with the service

**Flower Guild** - Learn how to make beautiful flower arrangements

**Welcome Greeter** – Join one of our friendly teams that greet everyone on Sundays.

**SUMMER SERVICES** will be powerful, uplifting, and run just over an hour. Join us for interesting lessons, moving sermons and great fellowship with friends, old and new. We are so blessed to live here! Come to church and still have time to hit the beach and enjoy some summer fun!

**FANS** have been installed along the outer aisle for your comfort. As things heat up in our warmer months, please feel free to turn them on. Check with those around you, perhaps the oscillating feature would be helpful. Be mindful of the needs of others. We encourage those who prefer to be away from the fans to sit toward the center of the church.



*Summer sun means pick-up choir fun!*

### **Summer Pick Up Choir**

Want to experience what it's like to be in St. Paul's Choir but can't commit year round? No problem, join us on any (or all Sundays) starting today, June 11<sup>th</sup>, to participate in our Summer Pick-Up Choir. Meet us in the choir room at 9:30am for warm-ups, vocal exercises, and to learn the communion hymn for the day. From there, we'll head over to the labyrinth for a moment of reflection and to pray the Choristers' Prayer. Then we'll take our seats in the "choir pews" (the pews across from the piano) and support the congregation in their musical worship. We don't wear choir robes over summer - keeps us cooler! Questions? Ask Felix, our Music Minister.



### **2024 Choir Pilgrimage Tour**

St. Paul's Choir is embarking on an adventure, a life-changing journey and YOU are invited! Learn about the choir tour and pilgrimage to Italy and Switzerland in 2024, why we are doing this, and how to support us to make this dream a reality: <https://sites.google.com/view/choirtour/home>

#### **HOW YOUR DONATION CAN HELP**

Your donations will support the 2024 Music Ministry Tour & Pilgrimage and help to cover the cost of fundraising, as well as tour and travel expenses. Any remaining funds will support the music ministry in endeavors that may incur expenses beyond what the Music Ministry's regular budget can support. Examples would be tours, pilgrimages, performance opportunities that may have a fee, or expenses involved with traveling to sing at other venues/churches. When donating with a check or via PayPal, be sure to add the memo – for Choir Pilgrimage Tour. You are also welcome to use our new Go Fund Me site: <https://gofund.me/ebe0f126> Thank you!

*"God loves a cheerful giver." 2 Corinthians 9:7*

### **Thank you for your generosity!**

Donations may be made by cash, check, PayPal, or Text StPaulsVentura to 73256. You can also arrange online payments, click the "Give" button at office [www.saintpaulsventura.org](http://www.saintpaulsventura.org) or use this QR code. Members give of their time through many ministries and share their talents through lots of volunteer opportunities. Please contact our clergy if you'd like to get involved in something new. Generosity involves the giving of time, talent and treasure. Thank you for all the ways you give of yourself! We look forward to doing great things with whatever you are able to share. Thank you!



This QR Code takes you straight to our Giving Page